

DAILY GYM CLEANING CHECKLIST

SHOWERS

- Restock paper towels & toilet paper
- Refill soap, sanitizer, shampoos
- Clean & polish mirrors
- Disinfect all surfaces, handles, and toilets
- Sanitize lockers; Mop & disinfect floors

CHECK-IN

- Empty trash bins & shredders
- Sanitize pens and office supplies
- Dust/sanitize all desks & surfaces
- Wipe down doors and handles
- Mop/vacuum carpets, floors, & mats

MAIN FLOOR, STUDIOS, & KITCHEN

- Clean & sanitize weights and cardio equipment
- Disinfect water fountain & vending machines
- Refill (paper) towels & disinfectant
- Clean and polish mirrors
- Clean out fridge
- Clean microwave
- Restock coffee/tea
- Take out trash & replace trash bags